



Extra You™
 What would you do with an extra you?

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1. Errands/Grocery Shop
2. Organize
3. Escort & Drive to Doctor
4. Staging of Home
5. Payment of Bills
6. "Life Management"
7. Research Issues
8. Set Appointments
9. Shopping Issues
10. Detail or Repair Car
11. Do Laundry/Dishes
12. Get Inspections Done
13. Pick Up/Drop Off Items
14. Companion for Mom/Dad
15. Provide Referrals
16. Deal w/Vendors
17. Help Elderly Relatives
18. Mail Sorting
19. Meeting Contractors
20. Make Returns/Exchanges
21. Organize Files
22. Arrange a Move
23. Filing/Clerical Work

Life Management & Concierge Monthly Rates*

2 hrs per month	\$150.00
4 hrs per month	\$280.00
8 hrs per month	\$548.00
12 hrs per month	\$804.00
16 hrs per month	\$1,040.00
20 hrs per month	\$1,260.00
24 hrs per month	\$1,500.00
32 hrs per month	\$1,920.00
40 hrs per month	\$2,280.00

**4 hour minimum. 2 hour increments*

Insured and Bonded

Travel (mileage) over 15 miles charged at current government rate. Should you have specific needs or another reasonable request, please call us or visit www.ExtraYou.net



**"Extra You has become
 invaluable to me"**

Bill Tayler

Virtual Administrative Rates

\$40 per hour. 1 hour minimum.

Ask about our gift certificates!

Info@ExtraYou.net (703) 980-1114 www.ExtraYou.net